



31 January 2020

RETURN FIRE

Nathan Charles means a lot of things to the CF community. He was challenged, not just with securing a spot in the Australian Wallabies and combatting a lifetime of cystic fibrosis (CF), but also dealing with CF as a label.

But in 2020 our amazing ambassador Nathan is planning to give Australians with CF one more reason to believe in our dream of *Lives Unaffected by CF*.

This year CFA tackles the Kokoda Trail and Nathan will be leading the charge.

We are all familiar with the Trail (variously called the track, trail and even road in World War II) and its role in the desperate defence of Australia. It is humbling to think how close our nation came to calamity and how few men stood between our shores and the oncoming enemy. We should all be grateful for the sacrifice of those who came before us.

Today, the Kokoda Trail is there to test your mettle and to remind us all that nothing good can be forged or defended without struggle. We invite you to meet that challenge - side by side with us and with Nathan.

Participation in the Kokoda Trail Challenge will cost about \$5,200 per person. The price includes Trek Land Content of \$3,700 (includes PNG flights and flights ex-Brisbane) and a \$1,500 minimum tax deductible donation to CF research.

This is a great deal as the average Kokoda trip costs significantly more. However, CFA also challenges Trail participants to try to exceed the fundraising minimum. We will support and help coordinate fundraising efforts as well as raise online awareness for any individual campaigns.

So climb aboard - contact nickim@cfa.org.au to join our Kokoda team for 2020!

You can also support Nathan's efforts and fund CF research by donating at <https://donate.grassrootz.com/cysticfibrosis/nathan-charles-kokoda-trek>

Kind regards

Nettie Burke
CEO
Cystic Fibrosis Australia
0404 034 294