



5 September 2020

LIFE'S LIKE A BOX OF DONUTS

Conventional wisdom says that everyone is the centre of their own universe. My experience in the Not For Profit sector tells me that the happiest people are the one's that have managed to shift the centre away from themselves onto something that feels meaningful.

Naturally the CF cause is more than one lifetime's work and we are never short of new challenges to tackle in our struggle for Lives Unaffected By CF. At the same time, CFA is always looking for Force Multipliers to increase the gravity and awareness of our cause.

We want to provide our community with an informative and interactive resource for mapping and extending the connections of the CF cause to other social nodes. We know that by doing this we can cater better to our many community members whose personal obstacles straddle other causes.

The CF Donut is Cystic Fibrosis Australia's attempt at answering the unanswerable and tackling comorbidities.

Those who run in our circles know that cystic fibrosis is uncommonly complicated on its own. It is a complicated condition and it often takes a lifetime to master and understand.

The reason it is important to understand CF comorbidities and disease interactions is because common causes bring energy and knowledge into our movement. We want to collaborate with those who share our challenges and we want to enjoy the advantage of insights, technologies and techniques that were developed in other sectors.

This is an ambitious platform that can only truly succeed in its stated purpose through ongoing collaboration and editing. Journals and indeed entire books have been dedicated to contextualising cystic fibrosis.

We know that the CF Donut can only hint at what is out there, but we hope that this foretaste of future possibilities will inspire our community to follow the rabbit-hole and help forge a more integrated and fully networked CF community.

If you would like to be an editor on CF Donut then please email me at nettieb@cfa.org.au. We are looking for medical, allied health and nursing specialists and consumer consultants.

Kind regards

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