

### Donate and help change lives.

Your donation before 30th June will help change lives for Lizzie and thousands of other people like her.

## **DONATE HERE**

Imagine being told from the moment you were born, that your life came with a best before date. Lizzie was born when the average life expectancy for cystic fibrosis (CF) was 30 years old.

# As Lizzie neared her 25th birthday her health was deteriorating at a rapid rate.

Lizzie is now doing all she can to defy the odds and live a life unencumbered by CF.



Meet Lizzie.

Lizzie has run ultra-marathons, which in itself is a remarkable feat, however Lizzie also lives with CF.

For her whole life, 25 year old Lizzie has been in and out of hospital as she experiences the ups and downs of CF. She has seen her health deteriorate rapidly forcing her into hospital for extended periods of time.



# Lizzie knows firsthand that life with CF can be debilitating.

Lizzie has endured so many challenges living with CF, including countless hospital admissions, surgeries, sinus issues, chronic inflammation, and coughing up blood, just to name a few.

### No one should suffer like this.

Currently there is no cure for CF.

CF can progressively worsen over time and requires strict management with appropriate treatments. Lizzie described this...

### "Cystic fibrosis is manageable when your medications are working, you make time to do them (this can mean up to 5 hours or more of my day to complete all my treatments), unfortunately, this time is finite. My birth year came with a best before date. 30 is that age."

Lizzie has recently become eligible to take the transformational wonder drug Trikafta. Now **Lizzie hopes her life expectancy will double**.

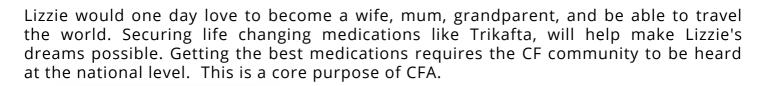
Lizzie explains, "Living with CF has taught me a lot. It has taught me about patience and perseverance. It has taught me to be comfortable with being uncomfortable. To predict the unpredictable. It has taught me that everything is temporary, the bad, the good and the uncertain. **Make the most of each moment and embrace it for what it is**."

Lizzie thanks the work of Cystic Fibrosis Australia (CFA) in advocating to get Trikafta listed on the Pharmaceutical Benefits Scheme in record time. Without this listing, the medication would not be affordable. Lizzie hates to think how unwell she could become without Trikafta and urges the community to donate to sustain the work of CFA.

Please donate now.

Click here to make your tax-deductible **donation**.

Like Lizzie, there are thousands of Australians who live with CF and hopes that one day a cure is found.





By donating before June 30th, your tax-deductible gift will **help CFA focus on long-term outcomes**, including research into better treatment and hopefully one day, a cure.

Your donation will help CFA continue the important advocacy work, ensuring our voices are heard by Government, Media and Health Professionals so that the CF Community can be represented appropriately.

Your donation will also ensure that we can **continue the fight** not only for Lizzie, and the thousands of Australian's living with CF, but for the many **children yet to be born with cystic fibrosis.** 

Please consider making a recurring donation to support CFA's on-going work

