



21st August 2024

## **CONQUER CYSTIC FIBROSIS MENTAL WELLBEING GRANT 2024**

Cystic Fibrosis Australia (CFA) is pleased to announce the Conquer Cystic Fibrosis (CCF) Mental Wellbeing Grant for 2024.

Innovative applications are sought in all aspects of the mental wellbeing of people with cystic fibrosis (CF) and their carers. This could range from CF children and their parents to CF adults who may be facing ongoing mental health struggles, as well as newer life challenges such as those arising from the impact of modulators and the effects of lung transplants. Preferred applications will focus on developing proven actionable steps to support people with CF today to improve their overall mental wellbeing and have a really positive impact on their lives. The objective is for research findings to provide practical outcomes for people with CF to implement immediately as they navigate the mental burden of CF. It is expected that a team of researchers will be required, including not only those with deep CF knowledge, but others with expertise in areas of such chronic disease mental health, nutrition and exercise physiology.

This grant is open to post-doctoral researchers, scientists, clinicians, medical practitioners, nurses and allied health professionals currently working in the area of CF research or proposing to work in CF research. The researcher will have completed a research higher degree in CF or a related area within the last ten years. Applicants, where at least one team member is from Western Australia, are encouraged.

The Grant will allow a CF researcher to explore novel concepts at the initial feasibility stage. Innovative applications relating to mental wellbeing of CF are encouraged, even those lacking pilot data. The Grant aims to allow the researcher to generate sufficient data within the two-year grant period to be in a position to apply for additional support from an appropriate funding body to continue the research.

The recipient of the CCF Mental Wellbeing Grant is required to provide progress reports on their research to the ACFRT. In addition, and where appropriate, the recipient will be asked to make a presentation at a CFA conference (held every two years) in Australia.

The maximum amount awarded under the CCF Mental Wellbeing Grant is \$200,000. The actual amount provided will be subject to approval of the applicant's budget. Conditions apply. This grant is awarded to the successful applicant for a two-year period.

Applications can be made through the CFA website and must be received no later than 5:00 PM (EAT) on **Monday, 21st October 2024**.

**[About Conquer Cystic Fibrosis](#)**

*CCF is a volunteer-run charity founded and driven by West Australian parents of children with the disease. Its primary aim is to fund CF research which will decrease suffering and increase the life span of people with CF.*

The CCF Mental Wellbeing Grant is administered through the Australian Cystic Fibrosis Research Trust (ACFRT).

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